



A NIGHT TO

Inspire

TUESDAY, MAY, 30TH

JOIN US ON MAY 30TH FOR AN EVENING OF INSPIRATION. THE EVENING WILL BE FILLED WITH INSPIRATIONAL MUSIC, POEMS, AND MENTAL HEALTH EDUCATION.

EACH COMMUNITY MEMBER IN ATTENDANCE WILL LIGHT AND DEDICATE A CANDLE ON BEHALF OF SOMEONE WHO IS STRUGGLING IN SILENCE.

TOGETHER WE WILL RAISE AWARENESS ABOUT MENTAL HEALTH, REDUCE STIGMA, PROVIDE SUPPORT, AND EDUCATE THE PUBLIC.

THIS IS AN OPPORTUNITY FOR ALL OF US TO COME TOGETHER AND REMEMBER THE INHERENT VALUE WE EACH HOLD.



MENTAL HEALTH AWARENESS MONTH

LOCATION:
FOOTHILL UNITY CENTER
790 W. CHESTNUT AVE., MONROVIA

5:30 PM RECEPTION
6 PM - 6:45 PM PROGRAM

FOR MORE INFORMATION CALL OR TEXT 626 703 2398

PRESENTING PARTNERS

