



StrengthFlex



AKADEMY CLASSES - GYMNASTICS, TUMBLING, STRENGTH, FLEXIBILITY, ACRO

6-12 YEARS OLD

MONDAY	6 - 7:30PM
TUESDAY	6 - 7:30PM
WEDNESDAY	6 - 7:30PM
SATURDAY	12 - 1:30PM
SUNDAY	12 - 1:30PM

REGISTRATION : strengthflexathletics.com

ATTIRE: Appropriate gymnastics attire – leotard with or without shorts or stretchy leggings for girls. T-shirt, elastic waistbands or sweatpants for boys. Long hair must be securely tied back away from the face. Bare foot or anti-sleep socks.

Hurry - space is limited! Don't be left out of the fun - enroll NOW!
For further information, email or call us at (626) 437-0358.



@strengthflex_gymnastic