



Managing Diabetes & High Blood Pressure in the New Year



According to American Diabetes Association, two of three people with diabetes report having high blood pressure or take prescription medications to lower their blood pressure. Join us for an educational talk with Keck School of Medicine of USC Family Medicine Resident Physician Srishty Amarnani, MD, who will discuss how to effectively manage diabetes and high blood pressure during colder months.

**Thursday
January 29
12:30 to 1:30 p.m.**

USC Arcadia Hospital and City of Arcadia Recreation and Community Services will cosponsor this lecture.

For future lectures, go to our website at www.uscarcadiahospital.org/commoutreach.

Free Physician Referral
888-388-2838
www.uscarcadiahospital.org/findadoc

USC Arcadia Hospital

Keck Medicine of **USC**

Formerly Methodist Hospital of Southern California



TWO WAYS TO JOIN

In Person:

Register today by calling the Arcadia Community Center at 626-574-5130.

Location:

365 Campus Dr, Arcadia, CA 91007

Facebook Live:

Watch live or review previous lectures on the USC Arcadia Hospital Facebook page:
www.facebook.com/USCArcadiaHospital