



You're Invited!



WOMEN'S WELLNESS EVENT

Join us for an afternoon
of peace and balance

JANUARY
29TH
3PM-7PM

Rose Bowl Stadium
1001 Rose Bowl Dr.
Pasadena, CA

Guided meditation
Qi-Gong movement
Soothing Soundbath
Relaxing atmosphere

All levels welcome

Breathe. Stretch. Renew.
Cost: \$100

Register:

<https://lbwellness.givesmart.com/>

