



Ted A. Moreno

Certified Hypnotherapist and
High Performance Coach

Sessions are available in-person at Claremont or
South Pasadena locations, and via Zoom or phone.

**Call now for your free consultation.
626.826.0612**



Anxiety



Motivation



Bad Habits



Test Anxiety



Goal
Achievement

**"I am setting new goals
that I never would have
thought possible as the
person I was before
sessions with Ted. I am
so lucky and so blessed
to have found him. My
life has taken a complete
180 for the best."**

— Eva M.



TedMoreno.com
626.826.0612



Podcast: Ted in Your Head
Available on Spotify and Apple Podcasts

Offices

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