

Move Together. Thrive Together.



PSYCHED TO MOVE

**FREE
TO ATTEND!**

First Annual Fundraiser!



Live Oak Park Community Center

10144 Bogue St Temple City, CA 91780

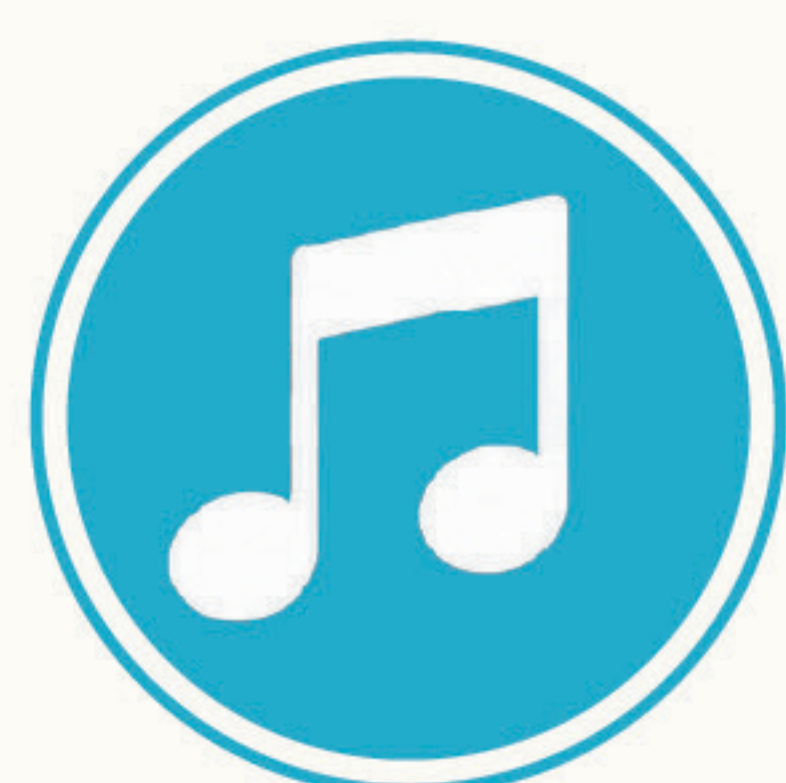


Sunday, August 16, 2026

3:30 PM - 6:00 PM



ENJOY:



MUSIC

By The Licata
Brothers!



**SILENT
AUCTION**

Great prizes!
Great causes!



ZUMBA

Led by Soyeong K.
and Wendy H!



**PERSONAL
TRAINER DEMOS**

Get inspired.
Get moving.



FREE Anonymous
depression and
anxiety screening



FREE Spinal
Assessment



SCAN TO LEARN MORE!



Support MENTAL HEALTH through movement & community!

@psychedtomovefoundation

THANK YOU TO OUR SPONSORS

Rocks Baseball

Arroyo Run Club

Pang-Fu Hsueh Chiropractic inc.

FNCOACHING

Afterglow

Amway

ChrisFit Coaching

Breeze Skincare & Semi Permanent Makeup