

LIVING BEAUTY
CANCER FOUNDATION

Help Bring Hope, Joy, and Comfort to Women and Families Facing Cancer

For women experiencing cancer, the holidays can be especially difficult. Alongside the physical and emotional challenges of cancer treatment, many women face financial hardships caused by medical expenses, lost income, and the rising cost of everyday essentials. For mothers, the holidays can bring an additional worry: how to make the season special for their children when finances are already stretched beyond their limits.

In 2016, **Living Beauty Cancer Foundation launched the Holiday Angels program** to provide holiday gifts to Living Beauty women and their families, along with a gift card to help provide a holiday meal. What began with 17 families has grown into an essential source of support for women navigating cancer with an anticipated 300 families requesting support for gifts, groceries and essentials.

How You Can Help

You can make a difference by:

- **Making a financial gift of any amount**
- **Donating or organizing a gift-card collection** among friends, family, coworkers, or your community
- **Sharing the Holiday Angels program** with others who may want to help

Gift cards to the following retailers are especially helpful: **Ralphs/Food 4 Less • Target • Walmart • Amazon • Trader Joe's • Whole Foods**

Here's How Your Gift Helps

$50 — Provides a holiday meal for a small family
$100 — Provides a gift card for a family of two
$250 — Provides gifts and a holiday meal for a family of four or more
$500 — Provides 10 holiday meals for families
$1,000 — Provides holiday gifts for 10 families
A gift of any amount — Helps provide emergency assistance for essential needs such as food, utilities, and gas.

Become a Holiday Angel

Your gift can do more than provide a meal or a present. It can remind a woman facing cancer that **she is not alone, her family matters, and her community cares.**

This holiday season, please join Living Beauty Cancer Foundation in making sure that no woman facing cancer has to choose between meeting her family's basic needs and creating a moment of holiday joy. To support, please visit us at https://livingbeauty.org/pages/holiday-angels or reach out to us at info@livingbeauty.org.

The Living Beauty Cancer Foundation is a Pasadena-based, national nonprofit organization dedicated to educating, uplifting, and empowering women with cancer. Living Beauty provides free integrative wellness programs, educational tools, and a supportive community that help women navigate cancer with confidence, advocate for their own health, and experience meaningful improvements in their quality of life.

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